



July/August Snack Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6 Week of: <u>July 23-27</u>	AM: Cereal & Milk (Vitamin D) PM: Tortilla Chips & Salsa, 100 % Juice (Vitamin C)	AM: Cheese-Its & 100% Juice (Vitamin C) PM: Pretzels & Cucumbers, & Ranch, Water	AM: Wheat Thins & Cream Cheese, water PM: Saltines & Sliced Cheese, Water	AM: Veggie Straws & 100% Juice (Vitamin C) PM: Wheat Crackers & Watermelon, Water	AM: English Muffins, Strawberry Fruit Spread, Water PM: Popcorn (Goldfish for PK2) & 100% Juice (Vitamin C)
Week 7 Week of: <u>July 30-August 3</u>	AM: Bagels & Cream Cheese, Water PM: Cheese-Its & Fruit Snacks, Water	AM: Rice Cakes & Wow Butter, Water PM: String Cheese , Apples (Vitamin A) & Water	AM: Whole wheat rolls & Jam, Water PM: Craisins & Pretzels, Water	AM: Pancakes & Milk (Vitamin D) PM: Carrots, Ranch, Ritz Crackers & Water	AM: Muffins & Milk (Vitamin D) PM: Pirate Booty, 100% Juice (Vitamin C)
Week 8 Week of: <u>August 6-10</u>	AM: Whole Grain Wafers & Vanilla Yogurt, Water PM: Apple Sauce, Pretzels & Water	AM: Goldfish & 100% Juice (Vitamin C) PM: Wheat Thins, Cream Cheese, & Water	AM: Cornbread, Strawberry Fruit Spread, & Water PM: Wheat Crackers & Sliced Cheese, Water	AM: Bagels & Cream Cheese, Water PM: Broccoli, Ranch, Ritz Crackers & Water	AM: Goldfish & 100% Juice (Vitamin C) PM: Tortilla Chips & Salsa, Water
Week 9 Week of: <u>August 13-17</u> Note: Food Portions for School age Children will be slightly larger.	Am: Cereal & Milk (Vitamin D) PM: Cheese-Its & 100% Juice (Vitamin C)	AM: French Toast Sticks & Milk (Vitamin D) PM: Veggie Straws, Grapes, & Water	AM: Muffins & Milk (Vitamin D) PM: Watermelon, & Pirate Booty, and Water	AM: Wheat Crackers, Canned Peaches, & Water PM: Rice Cakes & Wow Butter, Water	AM: String Cheese, & Apple Slices, Water PM: Popcorn (Goldfish for PK2) & 100% Juice (Vitamin C)