



March Snack Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Week of: <u>March 4 - 8</u>	AM: Muffins & Milk (Vitamin D) PM: Animal Crackers & 100 % Apple Juice (Vitamin C)	AM: Cereal & Milk (Vitamin D) PM: Tortilla Chips & Salsa & Water	AM: Bagels, Cream Cheese & Water PM: Saltines, Pepperoni, and Water	AM: Goldfish & 100% Apple Juice(Vitamin C) PM: Pirate Booty, Grapes & Water	AM: Pancakes & Milk (Vitamin D) PM: Trail mix & 100% Apple Juice
Week 2 Week of: <u>March 11-15</u>	AM: Whole Wheat rolls, Strawberry Jam & Water PM: Saltine Crackers, Sliced Cheese & 100% Apple Juice (Vitamin C)	AM: Cheez-Its & 100 % Apple Juice (Vitamin C) PM: Vanilla Yogurt, Wheat Crackers & Water	AM: Wheat Thins, Cream Cheese, and Water PM: Veggie Straws, Bananas & Water	AM: English Muffins, Strawberry Jam and Water PM: Goldfish, Fruit Snacks & Water	AM: St. Patrick's Day Cereal & Milk (Vitamin D) PM:, Ritz Crackers & 100% Apple Juice
Week 3 Week of: <u>March 18-22</u>	AM: Mini Muffins & Milk (Vitamin D) PM: Pretzels, Pickles and Water	AM: Cornbread, Strawberry Jam & Water PM: Tortilla Chips, Salsa & Water	AM: Cereal & Milk (Vitamin D) PM: String Cheese, Apple slices (Vitamin A) & Water	AM: Rice Cakes, Soy Butter & Water PM: Wheat Thins, Cream Cheese & Water	AM: French Toast Sticks & Milk (Vitamin D) PM: Popcorn, Goldfish (2's) & 100% Apple Juice (Vitamin C)
Week 4 Week of: <u>March 25-29</u> Note: Food Portions for School age Children will be slightly larger.	AM: Triscuits, Applesauce & Water PM: Ritz Crackers, Soy Butter & Water	AM: Veggie Straws & 100% Apple Juice (Vitamin C) PM: Rice Cakes, Cream Cheese & Water	AM: Raisins, Pretzels & Water PM: Pirate Booty & 100% Apple Juice (Vitamin C)	AM: Wheat Crackers, Canned Peaches & Water PM: Saltines, Sliced Cheese & 100% Apple Juice (Vitamin C)	AM: Bananas, Goldfish & Water PM: English Muffins, Strawberry Jam & Water